



BHUTAN BODYBUILDING ASSOCIATION

UNDER THE UMBRELLA OF

SOUTH ASIAN BODYBUILDING AND PHYSIQUE SPORTS FEDERATION



15TH SOUTH ASIAN

BODYBUILDING & PHYSIQUE SPORTS CHAMPIONSHIP 2025

11TH TO 15TH JUNE , 2025 @ THIMPHU, BHUTAN

15TH SABPF CHAMPIONSHIPS 2025: BHUTAN HOSTS PRESTIGIOUS SOUTH ASIAN BODYBUILDING & PHYSIQUE SPORTS CHAMPIONSHIPS

Thimphu, Bhutan – The Kingdom of Bhutan proudly hosted the 15th South Asian Bodybuilding & Physique Sports Championships 2025 in its capital, Thimphu. Organized under the aegis of the South Asian Bodybuilding & Physique Sports Federation, the championship received full support and approval from the Bhutan Olympic Association and was officially sanctioned by the Asian Bodybuilding & Physique Sports Federation (ABBF) and the World Bodybuilding & Physique Sports Federation (WBPF).

The event drew enthusiastic participation from eight South Asian nations: Afghanistan, Bangladesh, Bhutan, India, Maldives, Nepal, Pakistan, and Sri Lanka. The opening ceremony was graced by Lyonpo Tandin Wangchuk, Honorable Health Minister of Bhutan, as the Chief Guest. Also present were Datuk Paul Chua, President of WBPF and ABBF, and President Ibrahim Hameed of SEABPF, alongside distinguished dignitaries and delegates from across the region.

In their opening addresses, Datuk Paul Chua and Lyonpo Tandin Wangchuk warmly welcomed athletes and delegates, highlighting the power of sports in fostering unity, promoting friendship, and encouraging healthy competition among South Asian nations. This championship marks a significant milestone for Bhutan in the international sporting arena, reflecting the country's growing commitment to promoting physical fitness and regional cooperation through sports.



SABPF EXECUTIVE COUNCIL MEETING



SABPF TEAM MANAGERS & JUDGES MEETING



WBPF PRESIDENT'S GOLD ORDER RECIPIENTS



Lyonpo Tandin Wangchuk, Honorable Health Minister of Bhutan



Sonam Tobgay Drojee, Former President of Bhutan Bodybuilding Association

OPENING CEREMONY AND PARADE OF THE NATION'S



WBPF GOLD & SILVER AWARDS



WBPF DISTINGUISHED SERVICE AWARDS



Presented to Bhutan Olympic Committee

RESULTS OF DAY ONE

13TH JUNE, 2025 – TOTAL OF 19 DISCIPLINES

MEN'S BODYBUILDING UP TO 55 KG





3	VIMAL JIT	INDIA	3	3	6	1st
2	SARAD SUWAL	NEPAL	5	5	10	2nd


MEN'S BODYBUILDING UP TO 60 KG





8	DORJI NORBU	BHUTAN	3	3	6	1st
11	YASANG PASSANG DORJI	BHUTAN	5	5	10	2nd
7	TSHERING NORBU	BHUTAN	9	9	18	3rd


MEN'S BODYBUILDING UP TO 65 KG						
						
10	SONAM PHUNTSHO	BHUTAN	3	3	6	1st
60	VENKATESH KISHORE TASHILDAR	INDIA	6	6	12	2nd

MEN'S BODYBUILDING UP TO 70 KG						
						
14	PRATAP KALKUNDRIKAR	INDIA	3	3	6	1st
15	KUSHAL KALITA	INDIA	6	6	12	2nd
17	SOURAV DAS	INDIA	8	8	16	3rd

MEN'S ATHLETIC PHYSIQUE UP TO 167 CM + 4KG						
						
37	MAHALAL RAI	BHUTAN	3	3	6	1st
42	JOHNNY D'SOUZA	INDIA	6	6	12	2nd
36	KARMA TSHERING	BHUTAN	8	8	16	3rd

MEN'S ATHLETIC PHYSIQUE OVER 167 CM + 6KG						
						
43	GAURAV KUMAR	INDIA	3	3	6	1st
40	DILIP KUMAR ROY	INDIA	5	5	10	2nd
41	JAYARAMAN SARAVANAN	INDIA	8	8	16	3rd

WOMEN'S ATHLETIC PHYSIQUE ONE OPEN CATEGORY						
						
63	URMILA SHRESTHA	NEPAL	5	3	8	1st
65	SHEELA THAKURI	NEPAL	9	6	15	2nd
64	SAYA BARUAH	INDIA	14	9	23	3rd

MEN'S SPORTS PHYSIQUE UP TO 170 CM - 2KG						
						
44	DAWA TASHI	BHUTAN	5	3	8	1st
39	TANDIN WANGYEL	BHUTAN	9	6	15	2nd
53	ABDUL RAHMAN MIJADH	MALDIVES	9	9	18	3rd
55	IBRAHIM SIVAAH	MALDIVES	14	11	25	4th
38	SANGAY	BHUTAN	20	13	33	5th

MEN'S SPORTS PHYSIQUE UP TO 175 CM + 0KG



50	AFRAZ KHAN	INDIA	3	3	6	1st
54	AUTAR SHRESTHA	NEPAL	6	6	12	2nd
47	SUMIT RAI	BHUTAN	9	9	18	3rd
48	AHMED NAEEM	MALDIVES	11	9	20	4th
49	MOHAMED FAZLEEN	MALDIVES	15	11	26	5th

MEN'S SPORTS PHYSIQUE OVER 175 CM +2KG



58	USAMA SAEED	PAKISTAN	3	3	6	1st
56	MAHDI ASLAMI	AFGHANISTAN	6	6	12	2nd
51	RIMMON	INDIA	8	8	16	3rd
9	UGYEN TASHI	BHUTAN	12	12	24	4th
59	PRANESH SHRESTHA	NEPAL	15	15	30	5th

RESULTS OF DAY TWO

14TH JUNE, 2025 – TOTAL OF 19 DISCIPLINES

MEN'S BODYBUILDING UP TO 75 KG





21	ANINDYA MOSEL	INDIA	3	3	6	1st
19	RINKU DAS	INDIA	6	6	12	2nd
22	VISHAL SINGH RAWAT	INDIA	9	9	18	3rd
18	TEJAS TULSHIDAS SHETGAONKAR	INDIA	12	12	24	4th
20	YUMNAM THOMAS	INDIA	15	15	30	5th

MEN'S BODYBUILDING UP TO 80 KG



23	NAVEEN ROJH	INDIA	3	3	6	1st
24	MUKESH KUMAR GUPTA	INDIA	6	6	12	2nd
25	K. ARNOLD SINGH	INDIA	9	9	18	3rd
27	MATHAN KRISHNAN	INDIA	12	12	24	4th

MEN'S BODYBUILDING UP TO 85 KG						
						
26	PANKAJ	INDIA	3	3	6	1st
32	PALANISAMY NATARAJAN	INDIA	6	6	12	2nd
28	KIRAN BASAVARAJ VALMIKI	INDIA	9	9	18	3rd

MEN'S BODYBUILDING OVER 85 KG						
						
33	ASHEN MADURASINGHE	SRI LANKA	3	3	6	1st
30	SAMIRAN NANDI	INDIA	6	6	12	2nd

WOMEN'S MODEL PHYSIQUE UP TO 155 CM



74	YAJIK HILLANG	INDIA	3	3	6	1st
79	SWARNIM RAI	INDIA	6	6	12	2nd
67	RITA NAG	INDIA	9	9	18	3rd
78	KINZENG DEKI	BHUTAN	12	12	24	4th
75	CHADOR ZANGMO	BHUTAN	15	15	30	5th

WOMEN'S MODEL PHYSIQUE OVER 155 CM



73	UGYEN PEMA	BHUTAN	3	3	6	1st
66	KINZANG CHODEN	BHUTAN	6	6	12	2nd
80	YESHI LHAM	BHUTAN	9	9	18	3rd
71	SANGAY CHODEN	BHUTAN	12	12	24	4th
77	AJIMI LAMA	BHUTAN	16	9	25	5th


WOMEN'S SWIMSUIT PHYSIQUE ONE OPEN CATEGORY




73	UGYEN PEMA	BHUTAN	5	3	8	1st
79	SWARNIM RAI	INDIA	10	6	16	2nd
74	YAJIK HILLANG	INDIA	15	9	24	3rd
66	KINZANG CHODEN	BHUTAN	20	12	32	4th
77	AJIMI LAMA	BHUTAN	25	15	40	5th

ALL JUDGES FOR THE CHAMPIONSHIP



MEN'S TEAM CHAMPIONSHIP		
		
RANK	COUNTRY	TOTAL POINTS
1	INDIA	850
2	BHUTAN	495
3	PAKISTAN	60

WOMEN'S TEAM CHAMPIONSHIP		
		
RANK	COUNTRY	TOTAL POINTS
1	INDIA	170
2	BHUTAN	160
3	NEPAL	85

TOP 08 BODYBUILDERS OF SABPF IN 2025



OVERALL CHAMPION - SOUTH ASIA 2025



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NAVEEN ROJH

INDIA